

October 2009

Colonial Vista Care Centers

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|---|---|--|
| | | | | 1 9:15 Exercises 10:00 Bible Study w/ Mary 10:15 Memory Lane 1:00 Soothing Sensations 2:00 Bowling 3:30 Ring Toss | 2 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminiscence Time 2:15 Memory Lane 3:30 Big Ball | 3 10:00 Gardening 1:00 Soothing Sensations 2:00 Exercises 6:00 L. Welk Hr (ch 9 or 14) |
| 4 10:00 Bible Study 1:00 Soothing Sensations 2:00 Salvation Army | 5 9:15 Exercises 10:00 Reading Group 10:15 Men's Gr & Bev Cart 1:30 Van Ride 2:00 Word Games 2:15 Visiting Busy Cart 3:30 Ball Toss | 6 9:15 Exercises 10:00 Current Events 10:15 Early Edition 1:00 Soothing Sensations 2:00 Kitchen Klub 2:15 Busy Cart 3:30 Bean Bag Toss | 7 9:15 Exercises 10:00 Mass 10:15 Beverage Cart 10:15 Gardening 1:00 Soothing Sensations 2:00 Bingo 3:30 Horseshoes | 8 9:15 Exercises 10:00 Bible Study w/ Mary 10:15 Memory Lane 1:00 Soothing Sensations 2:00 Bowling 3:30 Ring Toss | 9 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminiscence Time 2:15 Memory Lane 3:30 Big Ball | 10 10:00 Gardening 1:00 Soothing Sensations 2:00 Exercises 6:00 L. Welk Hr (ch 9 or 14) |
| 11 10:00 Bible Study 1:00 Soothing Sensations 2:00 Games in the Day Room 3:30 Apple Valley Church | 12 9:15 Exercises 10:00 Reading Group 10:15 Men's Group 10:15 Beverage Cart 1:00 Soothing Sensations 1:30 Van Ride 2:00 Social Hour | 13 9:15 Exercises 10:00 Crafts 10:15 Early Edition 1:00 Soothing Sensations 2:00 Current Events 2:15 Coffee Chat 3:30 Bean Bag Toss | 14 9:15 Exercises 10:00 Mass 10:15 Beverage Cart 10:15 Gardening 1:00 Soothing Sensations 2:00 Bingo 3:30 Horseshoes | 15 9:15 Exercises 10:00 Bible Study w/ Mary 10:15 Memory Lane 1:00 Soothing Sensations 2:00 Bowling 3:30 Ring Toss | 16 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminiscence Time 2:15 Memory Lane 3:30 Big Ball | 17 10:00 Gardening 1:00 Soothing Sensations 2:00 Exercises 6:00 L. Welk Hr (ch 9 or 14) |
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