

November 2009

Colonial Vista Care Centers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Bible Study 1:00 Soothing Sensations 2:00 Salvation Army	2 9:15 Exercises 10:00 Reading Group 10:15 Men's Gr & Bev Cart 1:00 Soothing Sensations 1:30 Van Ride 2:00 Word Games 3:30 Ball Toss	3 9:15 Exercises 10:00 Kitchen Klub 10:15 Early Edition 1:00 Soothing Sensations 2:00 Current Events 2:15 Coffee Chat 3:30 Bean Bag Toss	4 9:15 Exercises 10:00 Crafts 1:00 Soothing Sensations 2:00 Bingo 2:15 Keith's Korner 3:30 Horseshoes	5 9:15 Exercises 10:00 Bible Study w/ Mary 10:15 Memory Lane 1:00 Soothing Sensations 2:00 Thursday Thinkers 3:30 Ring Toss	6 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminiscence Time 2:15 Memory Lane 3:30 Big Ball	7 10:00 Gardening 1:00 Soothing Sensations 2:00 Exercises 6:00 L. Welk Hr (ch 9 or 14)
8 10:00 Bible Study 1:00 Soothing Sensations 2:00 Games in the Day Room 3:30 Apple Valley Church	9 9:15 Exercises 10:00 Reading Group 10:15 Men's Gr & Bev Cart 1:30 Van Ride 2:00 Resident Council 2:15 Visiting Busy Cart 3:30 Ball Toss	10 9:15 Exercises 10:00 Current Events 10:15 Early Edition 1:00 Soothing Sensations 2:00 Movie 3:30 Bean Bag Toss 6:30 Son Shine Club	11 9:15 Exercises 10:00 Mass 10:15 Crafts 1:00 Soothing Sensations 2:00 Bingo 2:15 Keith's Korner 3:30 Horseshoes	12 9:15 Exercises 10:00 Bible Study w/ Mary 10:15 Memory Lane 1:00 Soothing Sensations 2:00 Thursday Thinkers 3:30 Ring Toss	13 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminiscence Time 2:15 Memory Lane 3:30 Big Ball	14 10:00 Exercises 1:00 Soothing Sensations 2:00 Movie 6:00 L. Welk Hr (ch 9 or 14)
15 10:00 Bible Study 1:00 Soothing Sensations 2:00 Games in the Day Room 3:00 King's Orchard by NS	16 9:15 Exercises 10:00 Reading Group 10:15 Men's Gr & Bev Cart 1:30 Van Ride 2:00 Word Games 3:30 Ball Toss	17 9:15 Exercises 10:00 Current Events 10:15 Early Edition 1:00 Soothing Sensations 2:00 Kitchen Klub 2:15 Coffee Chat 3:30 Bean Bag Toss	18 9:15 Exercises 10:00 Crafts 1:00 Soothing Sensations 2:00 Bingo 2:15 Keith's Korner 3:30 Horseshoes	19 9:15 Exercises 10:00 Bible Study w/ Mary 10:15 Memory Lane 1:00 Soothing Sensations 2:00 Thursday Thinkers 3:30 Ring Toss	20 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminiscence Time 2:15 Memory Lane 3:30 Big Ball	21 10:00 Gardening 1:00 Soothing Sensations 2:00 Exercises 6:00 L. Welk Hr (ch 9 or 14)
22 10:00 Bible Study 1:00 Soothing Sensations 2:00 Games in the Day Room 3:30 Apple Valley Church	23 9:15 Exercises 10:00 Reading Group 10:15 Men's Gr & Bev Cart 1:30 Van Ride 2:00 Word Games 3:30 Ball Toss 6:30 Bingo	24 9:15 Exercises 10:00 Current Events 10:15 Early Edition 1:00 Soothing Sensations 2:00 Bingo 3:30 Bean Bag Toss 6:30 Son Shine Club	25 9:15 Exercises 10:00 Mass 10:15 Crafts 1:00 Soothing Sensations 2:00 Thanksgiving Party 2:15 Keith's Korner 3:30 Horseshoes	26 10:00 Exercises 1:00 Soothing Sensations 2:00 Thursday Turkey Thinkers	27 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminiscence Time 2:15 Memory Lane 3:30 Big Ball	28 10:00 Exercises 1:00 Soothing Sensations 2:00 Movie 6:00 L. Welk Hr (ch 9 or 14)
29 10:00 Bible Study 1:00 Soothing Sensations 2:00 Games in the Day Room	30 9:15 Exercises 10:00 Reading Group 10:15 Men's Gr & Bev Cart 1:30 Van Ride 2:00 Word Games 3:30 Ball Toss	1:1 PROGRAMS ARE PROVIDED THROUGHOUT THE DAY AT VARIOUS LOCATIONS	MAIL PASS IN THE AFTERNOONS			

ACTIVITIES ARE SUBJECT TO CHANGE

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