

August 2009

Colonial Vista Care Centers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10:00 Gardening 1:00 Soothing Sensations 2:00 Exercises 6:00 L. Welk Hr (ch 9 or 14)
2 10:00 Bible Study 1:00 Soothing Sensations 2:00 Games in the Day Room 3:30 Apple Valley Church	3 9:15 Exercises 10:00 Reading Group 10:15 Men's Group 10:15 Beverage Cart 1:00 Soothing Sensations 1:30 Van Ride	4 9:15 Exercises 10:00 Crafts 10:15 Early Edition 1:00 Soothing Sensations 1:30 Van Ride 2:00 Current Events	5 9:00 Van Rides 9:15 Exercises 10:00 Mass 10:15 Beverage Cart 10:15 Gardening 1:00 Soothing Sensations	6 9:15 Exercises 10:00 Bible Study w/ Mary 10:15 Memory Lane 1:00 Soothing Sensations 2:00 Bowling 3:30 Ring Toss	7 9:15 Exercises 10:00 Sing Along 10:00 Amazing Grace 10:15 Visiting Busy Cart 2:00 Reminisce Time 2:15 Memory Lane	8 10:00 Gardening 1:00 Soothing Sensations 2:00 Exercises 6:00 L. Welk Hr (ch 9 or 14)
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